

N.A. Big Book

Lincoln and the surrounding region has been given the Responsibility to complete the fourth chapter of the N.A. Big Book "How It Works."

Starting at 6 PM Friday January 23 until 12 PM Sunday January 25. This is really important to all that are helping and all that want it. For more information and sleeping accomidations, contact:

Donnie R. -476-6474

Glen S. -474-9212

Doug W. -464-7621

all are area code (402)

We are looking forward to seeing you there and having your support. It's a big responsibility and we are looking forward to the challenge.

Earlier this year Lincoln held the 2nd World Literature Confrence which brought people from all over the U.S. and Canada to our city.

They came fron: California, Georgia, Kansas, Pennesee, Texas, Iowa, Pennsylvania, Oregon, Minnesota, Vancover, British Columbia, and Nebraska.

The material produced consisted of: Traditions, personal stories, steps, recovery, and much more.

The chapters of the book are:

I. Who is an addict?

II What is N.A.?

III Why are we here?

IV How it works

V What can I do?

VI Twelve Traditions

VII Recovery and relaps

VIII We do recover

IX Just for today

X More will be revealed

XI Personal stories

We are glad to participate in this pioneering venture for N.A. It will save lives.

## 2nd World Literature Conference \$

The second World Literature Conference was a miracle of what we can do, but now what our book needs is bucks. We're expecting contributions from other areas and we need everyone's help. The faster we raise money the faster we'll see it in print. Save an addict. Put your money where your life is!

Please send contributions to NA 3rd World Literature Conf.  
Box 41323  
Memphis, Tenn. 38104

### Beins Crazy Isn't Fun Anymore

I've been clean for awhile,  
and I like it a lot.  
I'm gonna hold on to the  
good thing I've got.

The old man upstairs  
showed me a much better way  
that gets me lots higher  
than any Class A!

I don't need reefer and speed  
before I go to work.  
I don't like paranoia,  
and acting like a jerk.

A really good time  
doesn't require cocaine!  
Not having dope  
I can face the pain.

I don't like feeling "down and dirty  
feeling kind of mean."  
Cause I get off a lot better,  
just on staying clean!



My comfort isn't Southern anymore,  
so I never have to face  
waking up on the bathroom floor  
inside some stranger's place.

I don't need the bar-fights,  
and falling down stairs.  
I don't need peyote,  
to see the old man upstairs

I don't need Dilaudid  
or even a red!  
I'd rather keep on living  
than make myself dead.

I never have to feel bad  
about the last three days I've tripped.  
The only time I feel guilty  
is whenever I've slipped.

I don't need four drinks and a lude  
to want to dance.  
Good thing come naturally  
if you give them a chance.

Now I try to deal with life  
without playing lots of games.  
And I don't have to think in the morning,  
just to remember their names.

I'm happier now,  
I don't need that "dirty low-down".  
I'd rather go to an NA meeting,  
and just hang around.

Neil T.  
Lincoln

### Lost in Space

It was a cold April day when I walked into the treatment center in Lincoln Nebraska. I had long hair, weighed 100 pounds, my face was pale and I had dark circles under my eyes. I couldn't even remember what day it was and I was scared stiff.

Since then I have gained weight and the dark circles under my eyes have cleared. I learned how to love others, trust others and most of all I am sober. I owe my life to NA. The life I didn't think was worth living. Thanks to this program and God, I live.

Bob S.  
Lincoln

### World Service Office \$

Here it is. Another plea for money. We are all tired of hearing it, but NA needs financial support. The World Service Office needs money.

The World Service Office is the backbone of NA. Without it NA would surely have a struggle. It's the place to get information we can't get anywhere else, Starter kits, support for new meetings, etc.

Contributions to the WSO would be greatly appreciated and they are also tax deductable! Help NA carry the message to the suffering addict. Send contributions to:

NA  
P.O. Box 622  
Sun Valley, CA  
91352

### ZAP AGAIN!

Lincoln opened their NA Clubhouse Nov. 20, 1980, at 2708 Y St. phone number 474-9441. A few people took it upon themselves that they wanted a clubhouse and put their names down on the lease.



5

The first month was a little lean, but after the fire caught up, it was like wild fire.

The "Cleanway Clubhouse" serves as a hub of activities for Lincoln NA. If you wish to join our club you must have 30 days of continuous sobriety and get in touch with Sam J. or Dave K.

### My Experience

My experience in NA has been basically like the cliché- keeps getting better.

My recent trip to the world Convention was a real growing experience. It came at a time when I really needed something. In the weeks preceding it I was wallowing in self-pity. The numbers of people at the convention amazed me. The speakers and meetings and people I met there gave me a high like I could never get from drugs.

The convention and the Literature Conference the week after gave me many ideas on how to restructure my program so it would work better for me.

My program is now based on gratitude and not rushing things rather than just waiting for the good things to come.

The surprising thing is that with this new orientation, the good things are coming faster. I am clean today so my program is working well.

--Doug W.

### Outreach

Along with the expansion of subscriptions to our bi-monthly newsletter we are broadening the material that will be in "The Paper". We need our readers to get involved.

As the thoughts run through my mind I can think of tons of things to be listed on this page.

A) For addicts traveling:

lists of meetings

names, addresses, and phones of addicts to lend an ear or give them a place to crash.

B) Upcoming events

C) Anything else you can think of.

This will be like a want-ad section. With personal experiences as a recovering addict, I can see where this section can be of great help to the addict in need.

We desperately need your support in this area if it is going to continue. Send anything you have to: Angie Clark  
Marv A. 1681 Woodsvlew  
Lincoln, NE 68502

Dear Friend,

How are you? I just had to send you this letter to tell you how much I love you and care about you. I saw you yesterday as you were walking with your friends, I waited all day hoping you would talk to me also.

As evening drew near, I gave you a sunset to close your day and a cool breeze to rest you--And I waited, you never came, oh! yes it hurt me, but I still love you because I am your friend.

I saw you fall asleep last night and I longed to touch your brow, so I spilled moonlight upon your pillow and face. Again I waited, wanting to rush down so we could talk. I have so many gifts for you.

You awakened late and rushed off for the day...my tears were in the rain.

Today you looked so sad, so alone. It makes my heart ache because I understand. My friends let me down and hurt me many times too, but I love you. I try to tell you in the quiet green grasses, I whisper it in the colors of the flowers, I shout it to you in the mountain streams and give the birds love songs to sing. I clothe you with sunshine and perfume the air. My love for you is deeper than oceans and bigger than the biggest want or need you have.

We will spend eternity together in heaven. I know how hard it is on this earth. I really know because I was there and I want to help you. My Father wants to help too, He's that way you know. Just call me...ask me, talk to me. It



is your decision. I have chosen you and because of that I will wait. Because I love you.

Your Friend,  
Jesus

Readers,

Send your Sobriety Birthday in to see it in print!

### Birthdays

#### 1 Month

Harry M. 12-5-80 Lincoln

#### 3 Months

Bob I. 10-11-80 Lincoln

Marv A. 10-8-80 Lincoln

#### 1 Year

Sheila F. 11-7-79 Lincoln

Dave K. 12-7-79 Lincoln

Pam H. 2-12-80 Lincoln

#### 2 Years

Leo W. 2-13-79 Lincoln

#### 9 Years

Jim N. 11-2-71 Lincoln

CONGRATULATIONS!!!

6 months  
Mike P. 7-2-80 Lincoln

### Upcoming Events

Jan. 23-25 Big Book Conference  
2708 Y St  
Lincoln, NE

Feb. 13 Dance  
8000 A St.  
Lincoln, NE

Feb. 14 Area Pot Luck--Call 474-9441 for information.

Lincoln NA and Naranon meetings

Sunday: 6:30 p.m. NA Clubhouse 2708 Y St.

Monday: 8:00 p.m. NA Clubhouse 2708 Y St.

Tuesday: Naranon 7:00 p.m. NA Clubhouse 2708 Y St  
NA 8:00 p.m. Southminster Church 16th and Otoe

Wednesday: 10:00 a.m. NA Clubhouse 2708 Y St.  
8:00 p.m. NA Clubhouse 2708 St.

Thursday: 8:00 p.m. Clubhouse 2708 Y St.

Friday: 8:00 p.m. NA Clubhouse 2708 Y St.  
10:00 p.m. Hope Auditorium 2015 S 16th

Saturday: 8:00 p.m. Independence Center 2440 St. Mary's  
12:00 p.m. Candlelight NA Clubhouse 2708 Y St.

NA Clubhouse entrance is in the alley on the east end of the building on the corner of 27th and Y St.



IMPORTANT NOTICE!!!

Dear reader,

We are deeply sorry, but to better afford putting out our newsletter, we need to ask for a \$3.00 subscription.

This will also help us to become more responsible in getting it out to you on time. We would appreciate you, the subscriber, to return your subscriptions to us as soon as possible, so that we can get the newsletter to you sooner.

If you don't subscribe, we will discontinue your name from our mailing list. Also no more newsletters will be distributed at meetings.

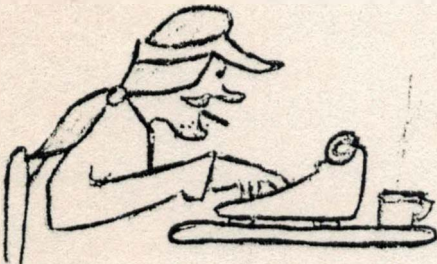
For further information or questions, please contact: Angie Clark  
1681 Woodview  
Lincoln, NE 68502  
(402)423-1996

Thank You  
"THE PAPER" Committee

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