



**My Gratitude Speaks  
When I Care  
And When I Share  
With Others  
The N.A. Way.**

**THE TOOLS OF  
RECOVERY**





JULY  
1984

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## N.A.

N.A. is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovered addicts who meet regularly to help each other to stay clean. This is a program of complete abstinence from all drugs. There is only "One" requirement for membership, the honest desire to stop using. There are no musts in N.A., but we suggest that you keep an open mind and give yourself a break. Our program is a set of principles, written so simply, that we can follow them in our daily lives. The most important thing about them is that "They Work".

# THE SLIPPERY SLOPE

In a college philosophy course, I was introduced to a concept called, "the slippery slope theory." The idea is that once you take the first step into some things, metaphorically referred to as "slippery slopes," there's no climbing back up. The best one can do is dance madly backward, but continue to descend forward, unable to find a toe hold. There is a sense of hopelessness.

Such intellectualizations appealed to me at the time. I had learned that, for me, feeling was a drag; thinking was more my style. I had retreated into my head in a flight away from my gut. That, I learned later, was part of the way addiction affected my personality.

What I didn't know was that even as I was entertaining those wonderful philosophical musings, I was dancing madly backwards on a slippery slope of my own. I was in the grip of the progressive illness of addiction.

For several years before I entered into recovery, I was aware that my drug use was destructive. I wanted to find a toe-hold, but instead I was going down slowly into deeper addiction. That meant more isolation, less inner peace; more relationship hassels, less self esteem. I saw that, and it frightened me. I like control—powerlessness was crushing my self-concept.

When I was exposed to the program of Narcotics Anonymous, I was one of those who grabbed hold like a drowning man would grab a life-preserver. The mad, backwards dancer found a toe-hold. I went for it.

My first couple of years in the program were a time of climbing up a bit, slipping down a bit, and



finally learning that not only were there toe-holds here--there were outright steps! Of course I was aware of the steps all along, but I was treating them like toe-holds. I was just sort of doing things my way, instead of studying the literature, consulting extensively with happy, successful members with long time recovery experience, and working the steps in order. I'm not sure why it wasn't obvious that solid, clear steps are preferable to slippery toe-holds of my own making, but such is the nature of the ailment, I guess.

I have found that the slippery slope of addiction was a process of personality change. From the time that I first began smoking dope regularly, and became convinced that we ought to have the marijuana leaf embroidered on the American Flag, to the time that I was regularly drugging myself into a sense of paranoid isolation, my personality was changing for the worse. What I found when I began working the steps in earnest is that recovery is a process of personality change too. It begins in the first three steps, when we decide to quit tapping a destructive power and begin tapping constructive power. It continues in the fourth and fifth steps when we survey the damages of our previous personality change. It kicks in gear in the sixth and seventh steps when we get ready to let go of the old, ineffective personality characteristics, and rely upon a Higher Power and spiritual principles to develop a new self.

That's where most of us run into a snag. We know intuitively that to do the sixth and seventh steps with complete abandon would be to take a step into another slippery slope: spiritual awakening.

Even though spiritual awakening is a slippery slope of a positive nature, the step off the edge was a scary one for me. I used to worry that if I really became ready to let go of my old identity, with all its addictive trappings, and invited God to have His

way in my personality, I would become like the "Jesus Freaks" that turned me off so much.

What I have found instead is that by letting go completely and trusting God completely (to the best of my ability), I was sent on a journey, the likes of which I had never dreamed possible. The sixth and seventh steps paved the way. The rest, through a disciplined approach to steps eight through twelve, has truly been an adventure. All that has been required of me is that I surrender, trust, and be willing.

So far, a few years later, my worst fears about my personality change have not been realized. Rather than becoming more wierd and isolated, I have become more down to earth. I feel like I fit today in most groups. I used to feel out of place most of the time. In short, surrender and trust in the spiritual process have produced a consistently positive influence in my personal growth. As I heard someone say recently about the spiritual life, "I seem to walk most safely when I don't know where I'm going."





# AN N.A. WOMAN IN RECOVERY



As recovering women in NA, we develop different levels of consciousness as we reach different lengths of clean time. My thoughts and awareness of myself were elevated as I began to develop an understanding of my role as a woman in the process of recovery.

In my initial months clean, I felt short-changed, and experienced anger that I could not understand. I started to get in touch with hurts of the past, and I felt afraid and unsure of myself. To top it off, I experienced long periods of guilt. In general, I was in an abstinent depression, and I realized that if I were to stay clean I had a tremendous number of changes to make in my life. Many of my values were being challenged, beginning with my nurturing instincts, which included expectations placed on me by my family. I had somehow assumed (or gotten stuck with) the matriarch role in my family. I was told in therapy, and also when I came into NA, that it was time to take care of just myself; that I had to be selfish, which was a role completely opposite my "mother" role. This, added to the enormous guilt that I already felt concerning my family, meant that I had to constantly fight being manipulated by them and not confuse it with doing my ninth step. The messages all seemed so mixed and confusing.

Some of the issues I faced, I'm sure have (and are still) confronting other women as they come through the doors of NA, and some give up in frustration. The expectations start early: "you should be taking care of the children now that you're not using," or "why don't you get a job?" The demands are tremendous.

You're clean, you no longer have an active addiction to drugs, and you're told you have to

perform all of these "normal" functions. In addition, your body is beginning to feel different and you cry over almost anything. You go to a meeting and many of the people are unfriendly; you feel that maybe using was easier, because you're told to do all these things that seem impossible.

If any of the above frustrations sound familiar, it's because most women go through the same emotional highs and lows. I discovered this by attending women's meetings. I found that I wasn't so neurotic, and other women had the same feelings. I developed more self-worth and shared from the gut. I learned to care about other women and not view them as competition. I started to grow.

Other women started to share with me that it's okay to seek professional help in an attempt to achieve some physical and emotional balance. Discussions over coffee with other women after the meetings were filled with exchanges of information concerning women's health clinics, workshops on parenting, nutrition, sexuality, etc., to help us learn about our bodies, our children and why we have mood swings; I learned that there were other issues to be addressed in the lives of recovering women in addition to working the twelve Steps. Raising our consciousness is a necessary ingredient for maintenance of our recovery. The twelve Steps make up our spiritual program, which stabilizes us enough to work on other areas of concern in our lives. It is our anchor. Attending the women's meetings (indirectly) opened avenues of which I may never have otherwise become aware.

Just for my own curiosity, when I was writing this article, I opened the April, 1984, NA Meeting Directory. I found four women's meetings; not very many for an area as large as Southern California. I have a suspicion it's like this in other areas also.

Hopefully, there are some messages for NA women in this statement. Perhaps more women's meetings are indicated. I felt that I needed to share this opinion.

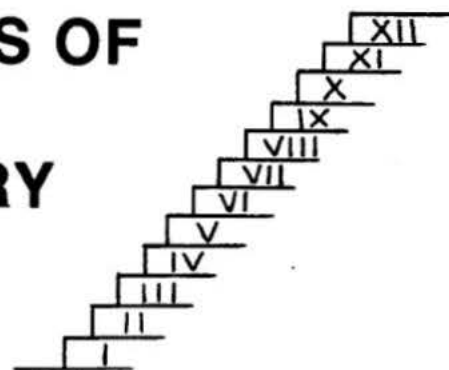


# QUESTIONS FOR YOUR GROUP



1. What is the basic purpose of the group?
2. What more can the group do to carry the message?
3. Considering the number of addicts in our community, are we reaching enough people?
4. What has the group done lately to bring the NA message to the attention of clergymen, physicians, judges, and others who can be helpful in reaching those who need NA.
5. Is the group attracting only a certain kind of addict, or are we getting a good cross section of our community?
6. Do new members stick with us, or does turnover seem excessive?
7. How effective is our sponsorship? How can it be improved?
8. Has everything practical been done to provide an attractive meeting place?
9. Has enough effort been made to explain to all members the need and value of kitchen and housekeeping work and other services to the group?
10. Is adequate opportunity given to all members to speak and participate in other group activities.
11. Are group officers picked with care and consideration on the basis that officership is a great responsibility and opportunity for 12 step work?
12. Does the group carry its fair share of the job of helping area?, region?, world?, and meetings in institutions?
13. Do we give all members their fair chance of keeping informed about the whole of NA—recovery, unity and service?

# THE TOOLS OF RECOVERY



I was just thinking about how sometimes I hear people saying how hard it is to stay clean. I remember hearing someone share at a meeting about going out again after getting some time clean, and then driving herself crazy wondering how and why it had happened.

The next person who shared had also suffered a relapse part way into his recovery, and he too had wondered why it happened to him—until he realized that it wasn't complicated at all. He'd simply neglected to work the first step.

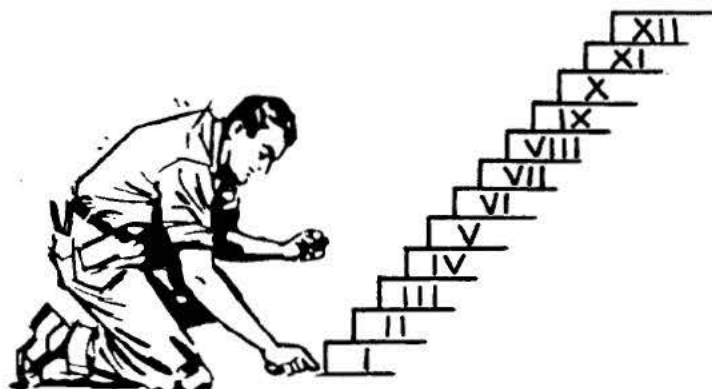
I was really impressed with the truth and simplicity of this, yet we often beat ourselves mentally senseless with our old ways of thinking. We can turn small, unimportant problems into big complicated uncontrollable obstacles.

To me, the real beauty of this program is in the absolute simplicity of these tools of our recovery—our steps. As long as we choose to utilize them, we can change ourselves into the kind of people we'd like to be—strong, happy, self-confident, or whatever we choose. We can be like the master carpenter who knows exactly which tools to use to build a good, solid house, or we can struggle along, trying to put a house together with sticks and bare hands, only to have it washed away when the rains come. That second choice, like trying to stay clean without the knowledge and use of the steps, seems to me to be rather fruitless.

When we know our tools, and use them properly, any action we undertake immediately becomes much clearer and more productive for us. Then, instead of having to give up in ignorance and fear when we encounter a problem, we can easily solve it, because we already have the solutions within the grasp of our steps.

If we carefully lay our foundations ahead of time by learning and practicing the steps, we can certainly avoid having to learn this lesson the hard way—we don't have to be the one who goes out, comes back (hopefully), and wonders why.

Today we can all be free from the tired old delusion that being clean is some kind of unnatural and mysterious condition that belongs to others, but not us. Today we have a right to a clean and happy life—and we accomplish this by using these steps of Narcotics Anonymous that are so freely given to us. You can believe it when you hear someone say, "Try it, it works!"



## STEP TWO



"WE CAME TO BELIEVE THAT A POWER GREATER THAN OURSELVES COULD RESTORE US TO SANITY."

After working the first step we found ourselves in a hopeless state. We are now forced to seek a Power Greater Than Ourselves, with hopes of bringing order into our lives.

Many of us have been acquainted at some time in our lives with a Creator or Power Greater Than Ourselves, but because of feelings of guilt or fear associated with our actions, chose to ignore or forget entirely any belief in this Power. When our actions and feelings in recovery began to cause us more pain than we could cope with, we were then willing to recognize the problem and ask for help.

Still others came to Narcotics Anonymous with an idea of a revengeful God that controlled our lives through reward and punishment. One of the most difficult tasks was to change that conception to one of a Power which was loving and forgiving. This became easier as we talked with others who had experienced the many benefits from acceptance of the second step.

Some of us, upon joining this Fellowship, had little difficulty with the first step. Although we did not comprehend that step fully, we knew we were addicts and out of control. Going back to the first step and comprehending our powerlessness over our addiction seemed to help.

We can't tell you in simple words how we came to believe. For each of us it's been



different. For some it was a magic moment of realization, profound and even mystical. Most of us built a foundation of belief in a Higher Power a little bit at a time. For many of us this belief was long in coming, because we had lost our ability to have faith in anyone or anything other than ourselves. To believe there is some Power that can restore us to sanity is all that is asked of us by this step.

Many of us arrived here beaten by the life we had been living. We felt hopeless and desperate until we realized that our attitudes and old ways of thinking were the source of our unhappiness.

Often we have seen our insanity in terms of denial. Most of us come to this Fellowship denying that we have a problem with drugs. Denial is one of the most outstanding symptoms of our disease.

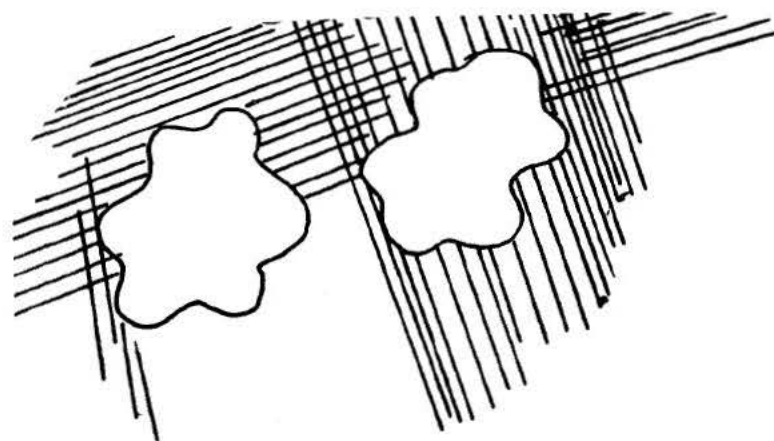
Another common aspect of our addiction is the belief that we are all our own little islands. We felt cut off and isolated from other people. We saw ourselves as different. Often this illusion of isolation occurred well before we ever took our first drug. When we started using, we seemed to have some relief from the pain we felt in our loneliness. But as our disease progressed, our sense of isolation simply got worse, and using drugs no longer stopped the pain. Seeing our disease in these terms gives the opportunity to consider "restoration to sanity" as the experience of "coming home."

Very few addicts come to Narcotics Anonymous with the belief that a Power Greater Than Themselves can restore them to sanity. Many of us had tried outside things to achieve some form of sanity: doctors, jobs, different towns, friends, lovers, and the list can go on. Yet the results were nil. In the NA Program, we have learned that a Power Greater Than Ourselves is necessary. Our understanding of a Higher Power is up to us; that leaves the door open for agnostics or atheists. We only suggest a loving and forgiving Power. Some of us were able to see this Power by looking at a group of clean and happy addicts. This was the beginning of our awareness that one day we could achieve that happiness. We were "coming to believe."

We have already admitted that alone we are unable to exert any power over our addiction. Thus, this is the compelling reason we offer the newcomer who asks why he or she should be willing to believe in a Higher Power.

There seem to be as many definitions of sanity and insanity as there are individual members of this program. Each of us, as a result of our own experience, has a different idea of what these words mean. We have found, however, that we can choose to see sanity as freedom from the obsession to use. Just for today, not using is made possible by this freedom. This sanity comes from believing that some Power Greater Than Ourselves exists and can produce this change in us. Step one furnishes the essential base that is necessary for a complete readiness for step two. Similarly, step two is absolutely necessary before step three will make much sense. We therefore suggest working the steps in the order in which they were written. Thus, the simple answer to the newcomer who asks, "Why the need to believe in a Higher Power?" will be found in step one. Alone, we are unable to exert any power over our addiction.

Having worked the first two steps to the best of our ability, we are ready for step three.





# DIFFERENCES

As a working Pharmacist with an eighteen year history of debilitating physical illness, it wasn't the disease of drug addiction that made me feel different when I found NA. I felt different because I wasn't a street person; I only used sterile drugs; I had a family of my own; I had professional status; I had spent about fifty percent of each of the last ten years in the hospital (and I was left with unusual physical limitations). I was thirty five years old and convinced beyond a doubt of three things: (1) there was no way to live without drugs, (2) I would be confined to a nursing home by age forty, and (3) I could not ever be a productive member of society.

These three convictions raced through my mind each time I was in intensive care, each time I went to surgery, each time I recalled the death of my daughter, each time I worked a few months and then went back on disability insurance, each time I failed to be a responsible husband and father, and each time I filled my being with narcotics.

Eventually I found my way to Narcotics Anonymous. Over a long period of meetings, treatment, and reading NA literature, I latched onto Just for Today. Living that philosophy, I became selfishly wrapped up in surviving. My involvement in service work became progressively more important. After two years drug-free, I found a sponsor and began working steps.

To detail the struggle here is pointless, but somewhere along the way I gave up the struggle and got involved in my recovery. Without specific intent, I have found a Power Greater Than Myself which has helped me to conquer those three convictions of hopelessness with which I lived. I have been drug free



for over three years. My physical illness is in remission most of the time. I have not been hospitalized for three and one half years, though I still live with limitations and complications.

With respect to becoming productive, I have been an active volunteer in several areas for two years. Writing this is productive for me and perhaps for someone else. The most exciting recent development is that I have made a decision to return to school at age thirty nine and study a new discipline which may allow me to earn a living. This presents many fears, real and imagined. Also, many problems could possibly arise. All I am doing is making a commitment to try, knowing that I can live with the results. My life may take any of a thousand directions, and I could live with them all for one reason—I am willing to go to any length to avoid dying with a needle in my arm.

All this is what has happened only this far into recovery. I am willing to be here to experience more of recovery. Life can get better only if I let it.

Today, the differences I held onto for so many years may still be with me. They just aren't too important anymore. Through all the things that made me uniquely me, I was given the opportunity to find a new way of life in NA. Just for today, I choose to take advantage of this opportunity.





## SERVICE

Service.

At the mere mention of the word, some of us get warm inside, the gratitude welling up in us; the possibility of giving what we have received cannot go unanswered. Others among us cringe at the menace that is, "taking away from the program's simplicity," or, "taking the focus off the newcomer." The more articulate of this latter group smile wickedly at the opportunity to belittle our efforts with their rapier like tongues, or to scoff at or scold those of us who jump head-first into seemingly grandiose projects designed to carry the message to the still suffering addict. It is time for me to write.

I came to this Fellowship a year and a half ago, scared, confused and hurting. The word that best characterized me was typical. Inadequacy was, and at times is, a major defect of character. I had been an honor student in high school and college, yet I felt illiterate and idiotic. The members of Narcotics Anonymous found a place for me; I was put to work using my God given talents to benefit others. My sponsor, a service junkie himself, encouraged me. After a fairly impressive list of accomplishments, including a new NA group, a major convention, and a year and a half clean, I feel I may have lost sight of our primary purpose.

The reason for all my hard work in the service department was to carry the message, right?

If I were to answer this question honestly, I would have to say that my efforts were largely influenced by my sick ego and the desperate need to become adequate. A strange, nearly impossible thing

has happened: recovery—spiritual growth. I have learned that I need not be inflating my ego to grandiose proportions to become adequate. I am but one of God's children; therefore, I'm as adequate as I'll ever need to be.

Today, my desire to serve is spawned by my love of the gift I have received through the miracle of Narcotics Anonymous, and the knowledge that in order to keep it, I must give it away.

I have found that I am not alone in my burning desire to carry the message. There are varying degrees of desire, and varying methods. Some of us believe that we should hold major conventions and workshops and events to generate funds for the service structure, while others feel we should simply greet the newcomer warmly and to hell with this idea of passing our contributions on to the Area Service Committee. Sometimes, I get to be a real judgemental cuss, and when I'm in a setting where service is being discussed, those unfortunates who dare to disagree with me become "idiots." In situations like these, it is imperative that I understand that these people are following their understanding of God's will for them, and they will act as a check against those who would go too far, while those who would go too far are a check against those who wouldn't go at all. In the end, this seems to insure that the result is a simple, yet effective method of carrying the message to the still-suffering addict.

I often hear derogatory remarks made in reference to members of the so-called "upper echelon" of NA service. I have been a part of the destructive power of such feelings at the group level, and I fear what might happen at the higher levels of our service structure if those attitudes go unchecked. Love and tolerance are essential ingredients for true service.

I reach into my inner truth with faith, and I trust that trusted servants the world over are doing the same. IT WORKS!!



## TO THE GAY ADDICT



Welcome to the Fellowship of Narcotics Anonymous. We are a world wide group of men and women who have been able to stop the use of drugs through a simple program of recovery. We have found that it is possible for everyone to recover, gay or straight.

There are thousands of gay men and women in the Fellowship of NA. We have found our recovery in varied ways. Some of us have discovered our homosexuality in recovery, while participating in regular NA meetings. Some of us have needed gay NA meetings to recover, while still others have found their homosexuality to be no barrier and have participated in regular (non-gay) NA groups. In NA, recovery is an individual experience each person develops as he or she sees necessary. "There are no musts in NA, but we suggest that you keep an open mind, and give your self a break."

We gay addicts who are recovering in NA wish to reassure all gays that there is a way to live life in a gay lifestyle "clean and serene." We have been able to increase the love and happiness in our lives without rejection of our sexuality or lifestyle. NA is not a religious philosophy where moralistic judgements are made about homosexuality, or about any other "color, race, creed, religion, or lack of religion," for that matter.

We are not trying to say that all gay men and women are addicts or have drug problems. We do know that there are many gay addicts who have not heard about the NA way of recovery, with whom we would like to share our message. We know from our experience that the horror of drug use, sex and bars can be changed into a clean and happy life. NA does not force anyone into a particular mold, or make judgements about the types of social behaviors that are right or wrong. We know of recovering gay addicts with a very wide range of lifestyles, likes, and dislikes.

Gay NA meetings do occur in many large cities, especially where large gay populations exist (see list). These are meetings, open to everyone, where recovery is experienced, no different from any other NA meeting. There are also gay meetings at many conventions, where contact with fellow recovering gay addicts can be made.

Sexuality need not be a barrier to recovery from drug addiction. Gays are welcome in NA. Gay meetings are currently held in the following cities:

Cambridge, Mass  
Denver, Colorado  
Los Angeles, CA  
Philadelphia, PA  
Pittsburgh, PA  
San Diego, CA  
San Francisco, CA  
Washintgon, D.C.





# FRIENDSHIP



It's funny how our ideas of different terms change as we begin to recover and move away from our active addiction. Take the word, friendship for instance. What this word meant to me before I found NA was much different from what it means to me today. Friends were something other people had. I could never see the value of having friends. I used to think they held me back from getting what I wanted, and just got in my way. I only needed friends when my supply was low. Friends were people who helped me to score. I had no real friends because I didn't know how to be a real friend.

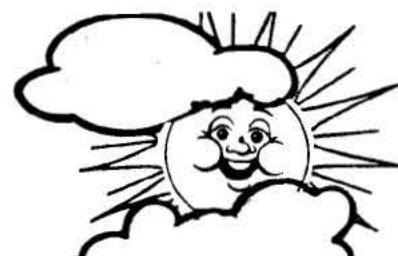
My first NA home group was called the Friendship Group of NA. I believe there are no coincidences in recovery. My God led me to that particular group for a reason. My NA friends have been an important part of my recovery from the start. Sitting in those first few meetings, I became filled with the desire to know these NA people on an intimate level. Many of the members in that group reached out to me and offered something I'd never found anywhere else—unconditional friendship. I was afraid to accept it, because I didn't know how to return their friendship. I was afraid they would find out how empty I was inside, so I set out to learn how to be a friend. I knew instinctively that this was something I desperately needed.

One of the first discoveries I made about how to be a friend was how important the art of listening was in developing a friendship. I was afraid to open up and be myself in the beginning. I had to concentrate on learning the art of active listening, but I made friends this way. A benefit of learning this art was that I learned a whole lot about human nature. In time, I was able to see that a lot of the things that made others tick, made me tick as well. I began to feel human. As I grew, I was slowly able to open up and share my feelings and thoughts with others.

Today, friendship is a priority in my recovery. It's right up there with working the steps, utilizing my

sponsor, and going to meetings. I need friends today, for they give my life a depth and meaning which cannot be described in words. Friends I've found in the Fellowship of NA mean more to me than any of the other benefits which staying clean and working the steps has brought my way. Take away everything else, leave me with a friend and another day clean, and I'll be perfectly content. Give yourself a break, be a friend to someone today; It works!

## IT GETS BETTER



It seemed as if every time I turned around when I first got clean, people would tell me, "It gets better." "Sure," I thought, "life without using a chemical just for today is almost going to make a difference. These people don't know what I am feeling, thinking, fearing. Their problems are a lot different from my own. They do not understand. The basics—going to meetings, getting a sponsor, praying(!), asking for help, talking with other addicts, are not going to help me with what I am going through..."

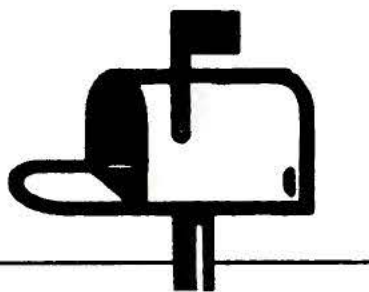
So here it is, many months later, and I find myself telling others "It gets better." I believe that today. All the pain and misery I can feel at any given moment is easier to live with because I realize that it will pass. Living situations that baffled me when I first came around are not so difficult anymore. Bad things still happen—they always will; but in my heart I know that with the help of my Higher Power and what I continue to learn in the program, I can handle any situation.

Sometimes I have to smile. I still don't know what the "it" is that gets better, maybe "it" is me.

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Pittsburgh, PA 15224



# Letters from Our Readers . . .



From the Editor

The NA way is evolving. The production staff is now employed in full by the World Service Office. We are working very hard to get on schedule, so that you will receive your issue by the end of the first week of each month. We expect to be on track by October first at the latest, and to continue to stay on schedule with a quality magazine each month.

Your active participation in our growth as the Fellowship's magazine is strongly encouraged. There are primarily three ways in which you may be of the most service: 1) Subscribe to the magazine, and encourage others to do the same—introduce announcements about the magazine into your meetings, service committee meetings and conventions, and provide subscription blanks. 2) Write articles. Don't worry too much about the technical aspects of writing—we'll take care of that. We're most interested in the substance of what you have to say about NA recovery, unity and service. 3) Write letters to the editor commenting on articles and making suggestions about the magazine. Your input will be listened to, and will be taken into account as we make editorial judgements about the magazine's content.

The NA way will grow to become and important tool of communication within the Fellowship. Be a part of it now, as an expression of our collective commitment to our first and fifth traditions. Exciting times are ahead for us all in NA, as we bond together in unity.

Ed.

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AGREEMENT made this \_\_\_\_\_ day of \_\_\_\_\_, 19\_\_\_\_, by and between WORLD SERVICE OFFICE, Inc., also dba N.A. WAY MAGAZINE, referred to as "Assignee", and \_\_\_\_\_, hereinafter referred to as "Assignor".

Assignor is the owner of the attached material, story, poem, saying, art work, or other matter which is described as the following (Title of Work) \_\_\_\_\_

The Assignee heretofore first referenced is the Publishing arm of the Fellowship of Narcotics Anonymous. The Assignor hereby grants and transfers to Assignee as a Gift without exception and without limitation any and all of Assignors interests and copyrights and rights to copyrights and rights to publish together with all rights to secure renewals and extensions fo such copyright of said material.

Assignor hereby covenants, warrants and represents to Assignee and this agreement is made in reliance thereof that Assignor is the sole owner and has the exclusive right to use of said material and the material is free and clear of any liens, encumbrances and claims which is conflict with this agreement.

This agreement is binding on Assignor heirs, assigns, administrators, trustees, executors, and successors in interest and such are directed to make and execute any instrument Assignee may require to protect copyright for Assignee.

IN WITNESS WHEREOF, the parties have executed this agreement at \_\_\_\_\_, State of \_\_\_\_\_, on the day and year first above written.

\_\_\_\_\_  
ASSIGNOR: (SIGNATURE)

\_\_\_\_\_  
ASSIGNOR (SPOUSE): (SIGNATURE)

\_\_\_\_\_  
ASSIGNEE (TO BE COMPLETED LATER BY WSO)

### FELLOWSHIP NEWSLETTERS

These are a few of our Fellowship Newsletters. In addition to subscribing to this Magazine, you might enjoy subscribing to one or more of these Newsletters.

Carolina Express  
Route #2 Box 205  
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Memphis, TN 38104

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Philadelphia, PA 19125

Rainbow Connection  
890 B Atlanta Road  
Marietta, GA 30060

The View Newsletter  
PO Box 6520  
Wellesley St Auckland 1  
New Zealand

Miracles Happen  
PO Box 9063  
Pittsburgh, PA 15224

Straight Times  
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Chicago, IL 60660

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San Diego, CA 92116

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37405-0443

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Leichhardt NSW 2040

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Area Newsletter  
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