

FIFTY-TWO QUESTIONS ABOUT OUR STEPS

1. Do you have to work the Steps to stay clean?
2. What step do you have to work before you can begin to work the Steps?
3. Do these Steps need to be worked "in their entirety" and in their continuity?
4. How are these Steps inter-related and how do we know when to move on to the next Step?

Step One

1. Define Powerlessness.
2. What is addiction?
3. How was my life unmanageable when I was using and how is it unmanageable now?
4. If I can't manage my own life, does that mean I no longer have the right or power of choice about my life?

Step Two

1. What does it mean "Came to believe" and how does it happen?
2. What is sanity?
3. Does our Higher Power restore us to sanity; if so, how long does it take?
4. What is a power greater than ourselves?

Step Three

1. What is a decision?
2. What does "our will and our lives" include?
3. How does God take care of our will and our lives?
4. Having worked this Step - what is God's responsibility and what is mine?

Step Four

1. What does the word moral mean?
2. Are we capable of doing anything fearlessly?
3. What does the word inventory mean?
4. What is the purpose and results of working a searching and fearless inventory?

Step Five

1. Why do I have to admit to God - He already knows it?
2. Why do we have to admit to another human and how do we admit to ourselves?
3. What sort of "other human being" should you choose to do this Step with?
4. Why aren't assets of character included in this Step?

Step Six

1. What does it mean "were entirely ready"?
2. What are defects of character and how does God remove them?

3. How do you know when you have worked this Step?
4. Why are Steps Six and Seven separate?

Step Seven

1. What is humility and how do you get it?
2. What is a shortcoming?
3. Why do we ask God to remove our shortcomings instead of our defects of character?
4. How does God remove our shortcomings?

Step Eight

1. How do we know who we've harmed?
2. What is willingness?
3. How do we become willing to make amends and do we have to become willing to make amends to everyone we have harmed in order to work this Step?
4. Why are Steps Eight and Nine separate?

Step Nine

1. What does it mean to make direct amends?
2. What does "whenever possible" mean?
3. Does "others" include me? And how does this relate to the Third Step?
4. What does injure mean in terms of the Ninth Step?

Step Ten

1. What are three ways to take the personal inventory of the Tenth Step?
2. How did you learn to recognize when you were wrong?
3. What does promptly mean?
4. Who do I have to admit to when I'm wrong?

Step Eleven

1. What is "conscious contact"?
2. How and when do you get a "conscious contact" with God?
3. Why does this Step say, "we sought...to improve our conscious contact" rather than "we meditated and prayed.."?
4. Why should we call the Eleventh Step the service Step instead of the Twelfth?

Step Twelve

1. What is a "spiritual awakening" and when do we have one?
2. Why is a spiritual awakening needed before we can successfully carry the message to the addict who still suffers and practice these principles in all our affairs?
3. What are the principles that we try to practice in all our affairs?
4. "I'm working the Twelfth Step, now what?"