## R C ADVERSITY TS

## ARCHITECTS OF ADVERSITY GROUP -- FORMAT

WEL	COME 1	TO T	HE R	EGULF	R	HIGHT	MEETIN	G (	DE TH	E	ARCH	117	ECTS
OΕ	ADVERS	BITY	' GRO	OUP OF	NARCOTICS	ANONYMO	JUS. M	۷ ۱	NAME	IS	 AND	I	MA
MA	ADDICT	Τ•											

AFTER A MOMENT OF SILENT MEDITATION, WILL THOSE WHO CARE TO JOIN ME IN THE SERENITY PRAYER. (MOMENT OF SILENCE - PRAYER)

THIS IS A CLOSED N.A. MEETING FOR ADDICTS AND THOSE WHO THINK THEY MIGHT BE ADDICTS ONLY. IF YOU ARE NOT AN ADDICT PLEASE SEE OUR SECRET-ARY \_\_\_\_\_, WHO CAN GIVE YOU INFORMATION ABOUT N.A. OR DIRECT YOU TO A NEARBY OPEN MEETING.

NOT TO EMBARRASS YOU, BUT SO THAT WE CAN GET TO KNOW YOU BETTER, DO WE HAVE ANY NEWCOMERS WITH US TONIGHT? (SHOW OF HANDS) WOULD YOU PLEASE INTRODUCE YOURSELF BY FIRST NAME. (ALLOW TIME) WILL OUR MEMBERS PLEASE IDENTIFY THEMSELVES STARTING WITH \_\_\_\_\_.

WILL \_\_\_\_\_ PLEASE READ WHO IS AN ADDICT.

WHAT IS THE N.A. PROGRAM.

HOW IT WORKS.

THE TWELVE TRADITIONA OF N.A.

ARCHITECTS OF ADVERSITY GROUPS HAVE SOMETIMES BEEN CALLED FIFTH OR THEY ARE DESIGNED TO PROVIDE A PLACE WHERE WE TENTH STEP MEETINGS. CAN TALK ABOUT HOW WE ARE DOING IN OUR PROGRAM. WE CONCENTRATE ON THE SIGNIFICANT EVENTS OF THE PAST WEEK; WHAT WE DID RIGHT OR WRONG, AND HOW WE APPLIED THIS PROGRAM IN OUR LIVES. WE HAVE NO CROSS-DISCUSSION AT THIS MEETING AND WE TRY TO GIVE EVERYONE A CHANCE TO SHARE. TALK ABOUT THE PAST WEEK ONLY AND AVOID TALKING ABOUT YOUR USING EXPERIENCES OR COMMENTING ON WHAT OTHERS HAVE SAID. OUR DISCUSSION ENDS PROMPTLY AT ... PM, SO PLEASE BE CONSIDERATE OF OTHERS BY NOT IF YOU HAVE COME LATE TAKING MORE THAN YOUR SHARE OF THE MEETING TIME. TO THIS MEETING, PLEASE WAIT UNTIL THE END OF THE MEETING TO SHARE, AS TIME PERMITS. MAY WE HAVE A VOLUNTEER TO BEGIN THE DISCUSSION? \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

AT THIS TIME ( PM) I WILL TURN THE MEETING OVER TO OUR SECRETARY FOR ANNOUNCEMENTS AND REPORTS.

TONIGHT I HAVE ASKED \_\_\_\_\_ TO GIVE OUT OUR CHIPS.

ANYONE MAY BE A MEMBER OF NARCOTICS ANONYMOUS, THE ONLY REQUIREMENT FOR MEMBERSHIP IS A DESIRE TO STOP USING: IF YOU ALSO WISH TO BE A MEMBER OF THIS GROUP PLEASE GIVE YOUR NAME AND PHONE NUMBER TO OUR SECRETARY.

WILL \_\_\_\_\_ PLEASE READ THE THIRD PARAGRAPH OF WE DO RECOVER.

OFTEN AT MEETINGS OF THIS TYPE PERSONAL PROBLEMS AND EXPERIENCES ARE SHARED WHICH SHOULD NOT BECOME PUBLIC KNOWLEDGE; WITH THIS IN MIND, WE ASK YOU TO RESPECT THE ANONYMITY OF THOSE SHARED HERE TONIGHT BY NOT TAKING WHAT YOU HAVE HEARD AND REPEATING IT OUTSIDE OF THIS MEETING.

TONIGHT, WILL \_\_\_\_\_ PLEASE LEAD US IN OUR CLOSING MEDITATION AND PRAYER

8:00 PM - Welcome to the regular \_Wednesday\_ night meeting of the San Luis Rey Architects of Adversity group of Narcotics Anonymous. My name is \_\_\_\_\_ and I am an addict.

After a moment of silent meditation, will those who care to join me in the N.A. (WE) version of the Serenity Prayer.

This is a closed N.A. meeting for addicts and those who think they might be addicts only. If you are not an addict please see our secretary \_\_\_\_\_, who can give you information about N.A. or direct you to a nearby open meeting.

There is no applause between sharing. We do not give out tokens, although we do recognize whole years of cleantime. We ask that for the first hour, only those who are clean 1 year or more share. After the Secretary's report, anyone may share.

The introduction to the N.A. Basic Text states "our identification as addicts is all-inclusive in respect to any mood changing, mind-altering substances...our problem is not a specific substance, it is a disease called addiction". In keeping with the spirit of this quote, it is suggested that we identify ourselves simply as addicts, and we refer to our time on the program as "clean time" or "recovery". This shifts the focus off any specific drugs and onto the one thing we all have in common: recovery from addiction. Any labels which are associated with specific drugs, or which imply more than one disease, could dilute our message, confuse the newcomer, and compromise the unity called for in the First Tradition. Thanks for your cooperation in this simple yet important matter.

Not to embarrass you, but so that we can get to know you better, do we have anyone at this meeting for their first time. (show of hands) Would you please introduce yourself by first name. (Allow time) Will our members please identify themselves starting with \_\_\_\_\_.

Will \_\_\_\_\_ please read WHO Is An Addict. WHAT Is the N.A. Program. HOW It Works. WHY Are We Here. the TWELVE TRADITIONS of N.A.

ARCHITECTS OF ADVERSITY groups have sometimes been called Fifth and Tenth Step meetings. They are designed to provide a place where we can talk about how we are doing in our program. Our group name reminds us that We are the ARCHITECTS OF our own ADVERSITY. We concentrate on the significant events of the past week: What we did right or wrong, and how we applied the principles of this program in our lives. We have no cross discussion at this meeting and we try to give everyone a chance to share. Please talk about the past week only and avoid talking about your using experiences or commenting on what others have said. Our discussion ends promply at 9:30 PM. Tonight we have \_\_\_\_\_ people present, so please be considerate of others by not taking more than your share of the meeting time. If you have come late to this meeting, please wait until the end of the meeting to share, as time permits. Again, we ask that those with less than a year clean wait until after the Secretary's report to share. May we have a volunteer to begin the discussion.

8:55 PM - At this time I will turn the meeting over to our secretary for announcements and reports.

9:00 - Ask if any members would like to share.

9:25 PM - Anyone may be a member of Narcotics Anonymous. The only requirement for membership is a desire to stop using. If you also wish to be a member of this group, please give your name and phone number to our secretary.

Will \_\_\_\_\_ please read the third paragraph of We Do Recover.

Often at meetings of this type, personal problems and experiences are shared which should not become public knowledge. With this in mind, we ask you to respect the anonymity of those shared here tonight by not taking what you have heard and repeating it outside of this meeting.

Tonight, will please lead us in a moment of closing meditation and the Just For Today Prayer.

## GREENEVILLE GROUP FORMAT

Group of Narcotics Anonymous. My name is and I am an addict.
After a moment of silent meditation, will those of you who care to join me in the Serenity Prayer, (moment of silence - prayer)
Not to embarrass you, but so that we can get to know you better, will any newcomers introduce themselves by first name. Will our members please introduce themselves starting with
Will please read Who is an Addict?  What is the N.A. Program?  How it Works?  The Twelve Traditions?
Architects of Adversity meetings have sometimes been called fifth or tenth step meetings. They are designed to provide a place where we can talk about how we are doing in our program. Our meeting name reminds us that we are the architects of our own adversity. We concentrate on the significant events of the past week; what we did right or wrong and how we applied the principles of this program in our lives. We have no cross-discussion and avoid talking about our using experiences or commenting on what others have shared. This meeting ends promptly at 9:00 o'clock and we try to give everyone a chance to share. In order to do this, we must limit our focus to the past week only and try not to take more than our share of the meeting time. Those who arrive after the meeting has started are asked to wait until the end of the meeting to participate, as time permits. May we have a volunteer to begin our discussion?
* * * *
(9:00 PM) At this time, I will turn the meeting over to our Secretary for announcements, reports, and chips Anyone may be a member of Narcotics Anonymous, the only requirement is a desire to stop using; if you also wish to join this Group, please leave your name with the Secretary after the meeting.
Will please read the third paragraph of We Do Recover?
Often at meetings of this type, personal problems and experiences are shared that should not become public knowledge; With this in mind, we ask you to respect our members' anonymity by not talking about or repeating what you have heard outside of this meeting.
Tonight, will lead us in our closing meditation and prayer.