

Einladung

zum 1. Treffen der Narcotics Anonymous
am 2. und 3. April 1988
in Kempten / Allgäu.

Wir würden uns freuen, wenn Ihr zahlreich kommt.
Folgende Daten können wir jetzt schon bekannt geben:

1. Die Adresse, wo das Treffen stattfindet:
Haus International
Beethovenstr. 1
8960 Kempten
2. Die Adresse, wo Ihr übernachten könnt:
Jugendherberge Kempten
Auf dem Drumlín
8960 Kempten
(DM 11,50 incl. Frühstück)


Am Samstag ist um 10.00 Uhr die offizielle Eröffnung.
Es sind Meetings bis ca. 20.00 Uhr geplant. Für Verpflegung und Getränke wird gesorgt.

Am Sonntag beginnen die Meetings um 10.00 Uhr. Das Ende des Treffens wird gegen 15.00 Uhr sein.

Wir werden auch ein Arbeitsmeeting am Samstag einplanen zur Gründung einer "Unter Gruppe Süd". Bitte meldet Euch so bald wie möglich an, spätestens bis zum 15. März 1988.

Telefonische oder schriftliche Anmeldung bitte an:
Udo Borowski
Duracherstr. 2
8960 Kempten
☎ 0831 / 67650

Gruß, Udo



The views or opinions expressed in this publication are not necessarily those of Narcotics Anonymous as a whole. Publication of any article does not imply endorsement by either the European Fellowship or the Worldwide Fellowship of Narcotics Anonymous.

WELCOME

Welcome to the second issue of your European newslines. With the approach of the World Service Conference in April, and the 5th European Service Conference in July, the level of discussion, communication and co-operation between European Members is enthusiastically high. A week ago we only had two pages of copy, today we have a bumper issue. Please keep it coming; As soon as we have enough input we will produce another issue.

This issue is now going to at least 18 countries. These are: Austria, Belgium, Denmark, England, France, Germany, Greece, Iceland, Ireland, Italy, Norway, Portugal, Scotland, Spain, Sweden, Switzerland, Wales and Israel.

IT WORKS !

NA IN BELGIUM!

We have recently heard and had confirmed that there are now 3 NA meetings in Belgium. Two of these meetings are in Brussels and one is in Liege. Hopefully we will be able to confirm in the next issue the venues of these meetings. NA Belgium we look forward to hearing from you!

NA SPAIN

BARCELONA.

Contacts: Toni (93) 431 5128, Mike (93) 675 0195, Eddie (93) 423 4431.

MEETINGS

Wednesday, 8.00pm: Grupo 84, Calle Sant Pere Mes Alt 25.
Friday, 8.00pm: Grupo Vida, Plaza Lesseps 27.
Saturday, 7.00pm: Grupo Libertad, Calle Valencia 302.
Sunday, 8.00pm: Grupo 84, Calle Sant Pere Mes Alt 25.

MADRID. - Contact: Mayte (91) 448 9905

Monday, 12.00am: Calle Trafalgar 19.
Wednesday, 7.30pm: Calle Trafalgar 19.

IBIZA. - Contact: Paul (971) 31 59 82

Monday 12.15pm: Calle Mariano Requiem Waller, Edificio Insalud, Planta I.
Saturday 6.30pm: Calle Mariano Requiem Waller, Edificio Insalud, Planta I.

FUENGIROLA (MALAGA)

Friday 8.30pm: Calle Nueva 3, Lux Mundi. (In English)

~~~ PLEASE PHOTOCOPY & DISTRIBUTE ~~~

## NA U.K.

### THE U.K. ASSEMBLY.

After starting from scratch it certainly seems that the concept of a National Assembly is valid. The Assembly has two roles, not only is it supporting the growth of new groups U.K. wide, in addition it has been able to serve the National Fellowship through its sub-committees, promoting Public Information and Hospitals & Institutions Service on a national level.

The U.K. Fellowship also continues to grow, with 16 new meetings starting in the last 3 months. Four of these meetings are in London, the other twelve are spread around the U.K.

The U.K. Assembly has come to the conclusion that there is a need to elect a European Service representative. One suggestion is that part of his/her responsibility would be to compile a list of 'foreign' language speaking members throughout the U.K. These members would be available to assist in communication between the U.K. and non-English speaking countries.

The recently formed U.K. Ad Hoc Committee to review and provide input on the book 'It Works - How and Why', is coming together for two days on the 5th and 6th March to discuss and collate all input on the project.

A London region learning day held on 13th February was a great success with over 150 members participating, many of whom had travelled from outside London to attend.

The following is a preview of the London regions Report to the World Service Conference which will take place in April

#### REPORT TO WORLD SERVICE CONFERENCE 1988

This last year has been an exciting one in terms of the growth of NA both within the London Region and the UK as a whole. We have experienced certain changes within our Service Structure that have taken a long time to execute, involving commitment, effort and much painstaking research. We are now at the point where we are beginning to feel the benefits of these changes and of course in making some mistakes we have learned some lessons!

By the early Summer of 1987 the London Region had become very large, with more areas outside Greater London affiliated to the Region than within. For several months we had been devoting much of our time and energy to the formation of the UK Service Assembly (UKSA), and we realised that we were in danger of falling short of our primary purpose: that of unifying the many areas within our region and carrying the message of recovery through our sub-committees and our groups. As a result of this, 2 or 3 months after the formation of UKSA those areas outside Greater London withdrew from the Region and supported the UKSA. This gave London Region the opportunity to fully concentrate on fulfilling the basic function of a region.

Conscious of our "lack of direction" the London Region, 4 of the 5 areas within it and some of the sub-committees took inventory in the latter half of 1987. This was obviously a beneficial process for all concerned and much was learnt. Sadly however, the most consistent problem faced by our areas, sub-committees and the Region is a lack of support and the way in which 'Service' perceived by the fellowship in the London Region. It is not generally considered "cool" to be seen to be involved in Service, in fact the reverse is true. For this reason, all of those committees mentioned fail to get the support they deserve or need to operate with the utmost effect and efficiency; which is not to say that they

# 薬物をやめたいなら 私たちと一緒にやりませんか。



## NARCOTICS ANONYMOUS

お問い合わせは 〒103-91 東京日本橋郵便局 私書箱264号  
☎0473(51)1834

rough translation of the invitation which has been sent out:  
We invite you to the first convention of Narcotics Anonymous on  
April 2nd and 3rd, in Kempten/Algaß.

We would be very happy if as many as possible of you would come.  
We can already let you know the following:

1. The address of the convention:  
International House  
Beethovenstr. 1  
8960 Kempten
2. The address where you could spend the night:  
Jugendherberge Kempten  
Auf der Drumlin  
8960 Kempten  
(approximately 11.50 DM including breakfast).

The convention begins on Saturday April 2nd at 10am. Meetings are  
planned to go on until 8pm. Refreshments will be provided.  
Sunday April 3rd meetings start at 10am. They will go on until  
about 3pm.

We have also planned a workshop on Saturday to discuss the formation  
of a South Area.

Please register as soon as possible, by March 15th at the latest.

Call or write to:  
Udo Borowski  
Duracherstr. 2  
8960 Kempten

Telephone 0831 / 67650

Love,  
Udo

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## COMING EVENTS

1st SOUTHERN GERMAN CONVENTION: April 2nd, 3rd at the 'International House',  
Beethoven Str 1, 8960 Kempten/Algau. W. Germany. Contact: Udo at: Duracherstr. 2.  
8960 Kempten. W. Germany. Tel: 0831/67650

LONDON REGION HOSPITALS AND INSTITUTIONS WORKSHOP: February 27th at 'Winchester  
Project', 19, Winchester Road, London NW3. 2.00pm - 6.00pm

NORTH EAST LONDON AREA H&I WORKSHOP: 2.00pm, 12th March, Friends Meeting House,  
Church Street, Colchester (next to Mercury Theatre) Essex, England.

WEST COUNTRY CONVENTION '88: May 28th, 29th in Gloucester, England (venue to  
be confirmed. Contacts Tom/Dave Tel: Stroud (04536) 72732

EUROPEAN SERVICE CONFERENCE V.: 22nd, 23rd and 24th July in Paris (venue to be  
confirmed) Information from: NA European Service Conference, 38 Rue des  
Amandiers, 75020 Paris, France.

NA PARIS 5TH BIRTHDAY PARTY: Mardi gras costume party at: 2 Boulevard D'Aurelle  
de Paladine, Porte Des Ternes, Paris 17e on 27th February 1988

do not work to the best of their ability. The fellowship continues to grow both  
in London and the UK, currently we have:

84 - per week in London

92 - per week outside London, UK-wide

We also have a total of 33 H&I meetings operating on a regular basis.

Many of our areas and committees have held workshops in the last year to explain  
their particular role in the Service Structure; the London Region is holding a  
Service Learning Day in Mid-February. We believe that much of the cause of this  
general apathy to service lies in ignorance or knowledge merely of the negative  
aspects of service - i.e. it is time-consuming, and a general assumption that  
"someone else" will do it.

In July 1987, the Region elected to send the RSR and Alternate to the European  
Service Conference in Frankfurt, Germany. It was a productive conference, with  
the decision to print a European Newsletter and preliminary discussions on the  
idea of establishing a European Service Office - which cater to the needs of the  
European fellowship. Certainly, since this last conference there has been greater  
communication amongst the European fellowship and the London fellowship is looking  
forward to the next ESC in Paris, France.

In September 1987 the London Region funded the first ever UK Convention, which  
was held in Bournemouth. The Region was able to use the invaluable experience  
gained from hosting the World Convention in 1986. The UK Convention was a great  
success, and the fellowship in Bournemouth has grown considerably since hosting  
that Convention. This year, under the auspices of the UKSA, we hope to hold a  
second UK Convention. An ad-hoc committee is currently looking into the  
feasibility of establishing a Convention Corporation and guidelines for future  
conventions.

There has, in this last year, been a better communication and liaison between  
our Regional sub-committees than ever before. The Region is indebted to our  
Fundraising & Entertainments Committee and our Literature Committee, without  
whose efforts we would not have been able to support our Office, let alone  
underwrite a convention and send representatives to WSC and ESC.

In January 1988 every Regional Committee, the ASR's, RSR and Chairperson  
produced an annual report as an overview of the past year. The Region now aims  
to do this at the end of each year and also to take its inventory annually.

For the past 10 months our literature sales have been a steady decline - both  
within London and the UK generally. Our Literature Committee and the UK Service  
Office (UKSO) are looking for ways in which to improve sales. The UKSO now has  
its first paid worker and is certainly benefitting from that. Sadly, however,  
we have as yet been unable to achieve Charitable Status which in the UK is a  
complex and lengthy process. Nevertheless, the fellowship feels that it would  
be in our best interests to pursue and achieve Charitable Status.

It is worth noting that the UKSA has provided an excellent platform for  
communication and unity in Great Britain, and has appreciably helped the growth  
of meetings and the Service Structure outside London. It has helped the RSR and  
Alternate fulfill the task of communicating with other areas. Currently the UKSA  
meets on a monthly basis at different locations/areas in and around the country.  
With the formation of the UKSA we now have national levels of Service in H&I,  
PI and Literature. These committees are now making a significant and effective  
contribution to the way in which NA is perceived, recognised and accepted by  
Government bodies, other self-help groups and organisations and the public at  
large all over the UK.



## WEST COUNTRY CONVENTION

The 1988 West Country Convention will this year be held in Gloucester. Though the venue is yet to be confirmed much of the programming has been completed and a definite date set for 28th and 29th May.

Registration will commence at 9.00 am on the Saturday with the convention commencing at 10.00am. There will be meetings, workshops and a marathon through till 8.00pm. Entertainment will commence at 9.00pm and go on till late.

The Convention continues on Sunday at 10.00am with more meetings, workshops and the marathon till 4.00pm - at which point there will be a closing meeting with a clean time countdown.

The theme of the convention is 'Everyday a Birthday'.

Topics for the Workshops include:

Public Information, Hospitals & Institutions, The Traditions, Sponsorship, Meetings in Outlying Areas and Service in Recovery.

Themes for the meetings include:

Everyday a birthday, Living the Steps, Relationships, Recovery & Relapse, The head and the heart, Illness in Recovery, My Higher Power...and more.

For more information contact Dave/Tom Tel: Stroud (04536) 72732

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## NA FRANCE

The European service Conference which was held in Frankfurt last year, will be in Paris this Summer on the 22nd, 23rd and 24th of July. The host fellowship in Paris urgently need suggestions for topics (workshops) at the conference. The Mailing address is:

N.A. EUROPEAN SERVICE CONFERENCE, 38 RUE DES AMANDIERS, 75020 PARIS.

To celebrate the 5th Anniversary of NA in Paris there will be a costumed Mardi Gras Party on the 27th February at:

2 Boulevard D'Aurelle de Paladine, Porte Des Ternes, Paris 17e.  
Metro: Porte Maillot.

There are now 11 meetings a week in France, 9 in Paris and 2 in Nice. The Paris meetings have really grown over the last two years. This year Paris formed an area, together with a Public Information Sub Committee. NA France is working with Canada to translate the literature

### MEETING LIST.

PARIS:

- Monday: 8.30pm - 7 Rue Auguste Vacquerie, Paris 16e. Metro: Etoile ou Georges V. - In English.  
Tuesday: 8.30pm - 50 Rue Mouraud, Paris 20e (Between Rue Croix St. Simon & Rue des Orteaux) Metro: Porte de Montreuil - In French.  
Wednesday 8.30pm - 7 Rue Auguste, Vacquerie, Paris 16e. Metro: Etoile ou Georges V. - In French.  
Thursday 7.30pm - 2 Bd D'Aurelle de Paladine, Paris 17e (Pte des Ternes) Metro: Porte Maillot. - In French  
Thursday 9.00pm - 7 Rue Auguste, Vacquerie, Paris 16e. Metro: Etoile ou Georges V. - In English.

Conference was well done, the quality is acceptable, and though they are not copied yet, the next issue of the newsletter should include a list of the tapes so anyone interested can order them.

We hope to hear from you soon. Love to you all. Heinz S.

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## GERMAN LITERATURE TRANSLATIONS

Dear Friends,

The following is a brief report of the German regional Literature Committee. The RLC has worked in the past years primarily on the review of Recovery literature. So far nine NA pamphlets have been completed and are available to all the members of our region. We reviewed translations which we received from the World Service Office. The translations of these nine pamphlets were done by a professional agency. Considerable changes had to be made before they could go into print.

During the last year we focused on the White Booklet. Our Region has asked us to put this item at the top of our priority list. This piece of literature took almost one year to be completed. Numerous changes had to be made on this text as well. Unusual German words in the translation and expressions that could be translated in different ways were just a few of the problems we experienced. Recently this review process was completed. What is still missing are German language recovery stories. One reason is that only a few addicts submitted their stories, another problem is that only a fraction of these stories are suitable for publication.

At our last Regional Service Conference a decision was made to once again ask the fellowship for input of stories. The RLC may also use some of the translated stories of the English version of the White Booklet. A motion was passed that asked the RLC to devise a plan for the translation of our Basic Text.

In the past only a small core of dedicated members participated actively in the RLC. Off and on other members showed up at our regular meetings. The RLC meets once a month on the 3rd Saturday of the month. Sometimes when there is a lot of work to be done we meet more often. We always meet at the same location. The latest piece of literature (White Booklet) created a lot of enthusiasm and willingness among NA members to participate and commit themselves to RLC work. We hope that with the help of our higher power and the rest of the fellowship of NA there will one of these days be a Basic Text available in German.

I wish you all the best in your recovery and hope to hear from some of you literature people out there. Happy New Year.

Gluckliches Neues Jahr

Ralph.

REGIONALES LITERATUR KOMITEE / POSTFACH 1272 / 6073 EGELSBACH / WEST GERMANY.

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## GERMAN CONVENTION- NEW AREA

The Southern West German groups are getting together with Switzerland and Austria in an attempt to consolidate their efforts by forming a new area. It is proposed that this area be known as the 'Sud Area'. The following is a

## NA GERMANY

Hello dear members of the fellowship of Narcotics Anonymous, my name is Heinz, I'm an addict from Germany.

It's one of those nights when I'm up late drinking lots of coffee and hanging around with people. But today it's O.K. to be up till 2 or 3am in the morning, because today I'm clean and I know what, and why I'm writing - that makes a difference. Right now I'm in Paris, where, together with members from England, France and Germany, we are having a meeting to organize for the 1988 European Service Conference.

The last conference, in 1987, was held at Frankfurt in Germany and was a big step forward. A few more members got involved in service. The slogan of the conference was "Recovery depends on Unity", and there was unity...but that unity only appeared to last for those few days and then everyone returned to their respective countries. Several of the European countries came, but many didn't; Italy, Ireland, Greece, Portugal, Belgium, Sweden, Norway and a few more were sadly missed. Ideally, unity in Europe requires the participation of every country... Together We Can!

A lot of good things were discussed. We started a European Newsline - Our newsline. So far we have only had one issue, the reason being that only one article had been received for the next. It can only survive if we submit input to it. Everything is welcome: flyers for your conference, convention or learning day; articles about Service in your country, or about your personal recovery...even your meeting list can be printed. Please don't be shy or idle - We need your input.

Another thing that came up in '87 was members wanting to celebrate recovery at a European Convention, however, we didn't even manage to start to organize one. For me, in these situations, I find the best thing to do is not to bitch about it, but get on with it. If anyone has any ideas or wants to help, and I need help, please contact me.

I've been to quite a few conventions - they have been a big step forward in my recovery. I've found that I cannot have the power of a convention at a regular meeting. The American 'World' Convention in New Orleans was a turning point in my recovery, I felt like I was born anew; When I got back to Germany people thought I was crazy. I'm surprised that we are still calling this American Convention a World Convention since it has only been outside the U.S. once and is held in only one language....that's a shame. It appears that America is slowly starting to realise it is not the World, and English is not the only language of recovery, and God is not necessarily an American. A lot of our members didn't go to WCNA I7 because they couldn't understand, I believe this message of recovery is for everybody.

This year we in Germany are sending our RSR (Regional Service Representative) to the WSC (World Service Conference) to bring up this issue. Please do the same. If we are alone there is not a big chance to change it, but if we stand together we can change it. We need to ask where is the American Convention, where is the American Service Conference to discuss their specific problems - they shouldn't be discussed on a world level. This is just one example of why we need unity in Europe. We need to talk about these things...and more than once a year. We need to share with each other how we feel and what we need. I believe we need to make a file of contacts and addresses. Please send the addresses of your National Committee members, and others who are involved, either to my address or to Kevin in London. Probably the best thing to do is to send it to both addresses.

The last thing I want to share is that the taping of the 4th European Service

Friday 8.30pm - 38 Rue des Amandiers, Paris 20e. Metro: Pere Lachaise.  
- In French.

Saturday 7.00pm - 2 Bd D'Aurelle de Paladine, Paris 17e. (Pte des Ternes)  
Metro: Porte Maillot - In both French and English.

Saturday 8.30pm - Versailles, 76 Rue Champ la Garde, Centre Social Rauben.  
Train: Ligne St Lazard Versailles ( Station Montreuil)  
- In French.

Sunday 6.00pm - 2 Bd D'Aurelle de Paladine, Paris 17e. (Pte des Ternes)  
Metro: Porte Maillot - In French.

NICE.

Thursday 8.00pm - 11 Rue de la Buffa, 06000 Nice. - In French.

Saturday 8.15pm - 44 Ave Auguste Raynaud. 06000 Nice. -In French.

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## EUROPEAN UNDERGROUND

It was the end of January 1988. Here I was in the Paris Metro, buying a 'carnet' of tickets. The place smells of yesteryear. Not unpleasant, but a strong whiff of nostalgia for the powerless beginnings of my life out in the big bad world alone. When I left school I went to Paris to learn how to smoke dope - between French and Beaux Arts lessons. Over the years I returned frequently to this city, sometimes to live for a while, sometimes just to pass through or score. It was always a field of great and wanton powerlessness. My visits characterised the progression of my addiction, as I moved through my drugs of choice, from dope to hallucinogenics, coke, smack and anything else that was going. Behaviour became more erratic and unmanageable. As I stood there buying my Metro tickets, a kaleidoscope of increasingly painful memories flickered through my mind's eye. From late sixties 'alterations' to trying to score smack in the bars down by the river and giving my sole-flapping boots to a tramp in the metro. Then on to desperate days sick and hitching to the suburbs for cut respite from pain, ripping off a kind, old grandmother who lent me the money supposedly to get home to England, when staying in her flat at the invitation of an absent grandson.

Here I was with that same smell in my nostrils, buying tickets six years later, to go to an NA meeting at a place called Pere Lachaise. Someone told me that Jim Morrison was buried in the cemetery nearby, true or false, it smacked of typical Parisian romanticism. My first time in Paris clean. To be here having not drugged or drunk for several years, with my memories, put so much of recent times in strong perspective. The miraculous and bizarre twists of life: I would never have believed this a possibility if you'd asked me five years ago.

Arriving near the end of the line, it once again all seemed a little familiar as I searched through a deserted block of residential flats for an assignation in a strange place - a huge complex of flats, not what I'd expected at all. I had no idea where to go. Like trying to score so many times before. Strange town, strange people - alone. Starting to feel a bit lost and unsure of whether I had the right place, I was beginning to get those old feelings of slight desperation. Backing out on to the street, thinking of my next move, suddenly someone called my name. There, leaping from his car was a familiar German form, bouncing down the pavement at me. Straight off the Autoroute, far from home, he made me feel as though the sun had come out. This thing we do is bizarre; the magic created by addicts reaching out across the continent to help each other is special like nothing else I've felt. Strangers with a common cause that know each other intimately.

We foreigners went along to the 8.30 meeting, to find it well-attended - about 20-30 members. They were already reading the preamble, in French. It sounded so weird and yet so familiar. The meeting opened immediately with discussion and the topic that soon developed was sharply honest and up-front. Talk of the difficulties dealing with the erratic extremes of emotions we have to cope with once we find ourselves clean. The swings of mood caused by unrealistic expectations and misplaced ideals of what life owes us, compared with moments of the dawning of hope for a new life and another chance. It was not long before the secretary realised that there were out-of-town (country) visitors and quickly took a group conscience on whether to change the usual format of the meeting which is French-speaking and make it bi-lingual. The continental groups are so much more hospitable than we, English-speaking fellowships when it comes to taking account of those who do not speak our language. For the rest of the meeting members translated sentence by sentence on a shared basis. the feeling of welcome that this creates must be said because its hard to share it at the time. You immediately feel on the inside when before, understanding or not, you feel a little on the edge. It was a great meeting and I was amazed at how big it was. I don't know what I'd expected, but I guess more of an NA outpost, which is far from what I found.

Over the next two days we had a series of 'committee' meetings at which members from France, Germany and Britain shared and discussed things to do with the upcoming European Service Conference to be held in Paris this July. The German members shared their great experience from Frankfurt last year and the Paris members had an opportunity to ask their questions about all kinds of details and issues that had been popping up since getting into the thing. The Paris fellowship had already found a suitable venue not only for the conference but also with hostel facilities at a really reasonable rate. One of the subjects that came up over the weekend was the finances of the conference. In the past the European Service conference has always been held in countries with relatively strong fellowships. The money side of things has never been talked about as we meet only once a year and its too late by then. We have had no established ways of communicating with each other in between. Now we find ourselves with the Conference being hosted by a small fellowship who, though they are willing, are going to find themselves using virtually all their funds on hand just to secure the venue. I am sure that it is not any of our's intention that a fellowship should use all its hard-gained money to put on our Euro-Conference, and thus seriously hamper their primary purpose of carrying the message in the meantime! No accounts have been published for previous conferences in Dublin and London, but a surplus of approximately I,000 Dm. was reported from Frankfurt last year. Whilst it is surely absolutely appropriate that the host fellowship should benefit from all the hard work of putting on the conference and there are also often costs involved in following up on the great interest created by the Conference, it is also appropriate surely that we set up some way for some of the surplus funds that may be created to be handed on to the next conference, wherever that may be. For example, if it should be in Barcelona next year, the problem would be even more obvious. Some kind of rolling fund needs to be set up, so that we can pass it on from one year to the next. To do this, however, we would need some kind of permanent standing committee of the European fellowship, elected by our Conference, to manage the details and to be available for communicating our needs throughout the year.

The Conference-funding issue was only one thing that brought up our growing need to have some way through the year to talk to each other and agree to do things together. There is so much that we can do to help each other

and agree to do things together. There is so much that we can do to help each other carry the message through Europe during the year. Not just doing our own thing in isolation and then getting together to share about it once a year. 'Together we can'. As our fellowships are growing, the potential of the things we can do together are really exciting. Most of the members over that weekend came up with urgent ideas of ways we need to work together. Communications are our biggest problem. Some kind of centrally compiled list of addresses and contacts seems vital. Files and records of our efforts with Public Information could help us all not just to avoid crossing our wires but to share our experience too. A European Convention was another idea that came up. There are so many ways to channel the energy that happens when we get together. Isn't it time that we started to do just that and throughout the year, to reach and give some hope to those of us still out there, still using, all over Europe, with no idea that there is a chance!

To do it we need to make a commitment. Our chance is at the Paris European Service Conference. The Paris host committee needs to hear from us all for ideas for the agenda of what we wish to discuss or share about. The time for complacency or isolation is over. It's time to act. Together we really can!

As I'm sure you can all see the excitement of us all getting together that Weekend was contagious. We all agreed it would be great to get together again before the Conference and knock some ideas around and offer any help any one can, to the Paris Fellowship in the run-up to the Conference. So we arranged to do it the last weekend of May. Any-one who can - I'm sure the French fellowship would love to see you then.

Thank you Paris for a special weekend. You've a great fellowship and I can't wait to come back. The Conference in July is going to be a blast and a huge success. The other fellowships have already made the commitment to help the money float; we are getting there. It makes me feel so proud to be a part of this thing. We know no boundaries.

Whatever happened to the cynic in me? Thank you.

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#### NA IRELAND.

NA in Ireland continues to flourish. The Hospitals & Institutions Committee continues to carry the message and Public Information is very active. They will be holding a public meeting in early March and anticipate a large attendance. The Irish office is looking into becoming a Limited Company (Corporation) much as the U.K. and Australian Fellowship Service Offices have done. They hope to be able to send their RSR (Regional Service Representative) to the WSC (World Service Conference) in April.

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